



## PRE-PREGNANCY



Pre-implantation Genetic Testing (PGT) is available to those with a known family history of Cystic Renal Disease.

## PREGNANCY



Scans during pregnancy may reveal signs of PKD. Genomic testing may be discussed and offered via amniocentesis.

## BABIES



New babies may be offered genomic testing if signs of PKD were noticed during antenatal scans or newborn checks.

## CHILDREN



Children attending paediatric nephrology clinic may be offered genetic testing.

## YOUNG ADULTS



Teens and young adults at risk of PKD should be made aware of testing when transitioning to adult services.

## FAMILY HISTORY



When an individual has confirmed PKD, a genetic diagnosis can be helpful for family members who may also be affected.

## NEW SYMPTOMS



New onset of PKD symptoms is typically diagnosed by ultrasound scan and family history but may be confirmed by genomic testing.

## HOW TO DECIDE



To help you make an informed decision about the pros and cons of genetic testing, and decide if it is right for you, visit the PKD Charity website:

SCAN ME



## WHO TO SPEAK TO



If you are under the care of a kidney healthcare professional please speak to them about testing. If you think you could be affected please speak to your GP.

# POLYCYSTIC KIDNEY DISEASE

### There are many opportunities for genomic testing for PKD throughout a person's lifetime



*"Having the knowledge helped to change our viewpoint and understand our next steps for testing our other child"*

*"Not knowing either way was affecting my mental health...I was anxious. We need better mental health support for young people affected by PKD, even if you do not have the condition"*

*"Our son had an ultrasound...and a genetic test in which no cysts were identified. His genetic test was negative for PKD [which meant] we knew he didn't need to be monitored in the same way as his brothers and dad"*

**People's experience of genetic testing...**